

COVID-19 SCREENING BY HEALTH CARE PROVIDERS

Recs as of 8/15/2021. Expect changes as emerging data can better guide our response to COVID-19.

- Assess for COVID-19 in all children with symptoms of COVID-19 with or without exposure (see symptoms below).
- When a patient is tested for COVID-19, they MUST QUARANTINE from others until results back and interpreted.
- Rapid antigen tests are more sensitive for delta variant than previous variants as delta leads to much higher viral loads. Rapid antigen tests are acceptable in symptomatic patients who HAVE NOT BEEN EXPOSED if PCR not readily available. For symptomatic patients who HAVE BEEN EXPOSED and have a negative antigen test, send PCR to confirm.
- COVID-19 exposure: FULLY VACCINATED- Don't have to quarantine. Mask when indoors x 14 days. Monitor for symptoms. Recommend test at 3-5 days AND if symptomatic. UNVACCINATED/ NOT FULLY VACCINATED- Quarantine for 10 days after LAST contact. Test immediately and at 5-7 days after exposure, BUT NEGATIVE TEST WILL NOT CHANGE the length of quarantine for asymptomatic contacts. EXCEPTION: If exposed at school and 2 kids both CORRECTLY MASKED w/in 3-6 feet-do not have to quarantine.
- Athlete with COVID: Mild- discuss signs of cardiac complications, return to play over 7 d. Moderate- PCP eval, screen for cardiac symptoms, and EKG before clearance. Severe- no exercise x3-6 months, cardiology to clear. <https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/>
- LOSS OF TASTE/SMELL- sensitive indicator of COVID-19 if acute, if severe rhinorrhea not present, and if COVID-19 in high prevalence. ISOLATE x 10 DAYS regardless of test results.

