

2020 Spring Meeting & Pediatric Update



American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™



Alabama Chapter

April 23-26, 2020

The Lodge at Gulf State Park ♦ Gulf Shores, AL

Join your colleagues for the Chapter's first ever conference at the new, state-of-the-art The Lodge at Gulf State Park, situated right on the Gulf of Mexico in beautiful Gulf Shores, AL! Enjoy superior education and networking with fellow pediatricians from across Alabama while overlooking the emerald waters of the Gulf!

Agenda



Thursday, April 23

Exhibit Set-up	1:30 p.m. - 4:00 p.m.
Registration Desk Opens	5:00 p.m. - 6:30 p.m.
“Meet & Greet” Reception in the Exhibits	5:00 p.m. - 6:30 p.m.
Dinner on your own	

Friday, April 24

Registration Desk Open	7:00 a.m.
Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
“The Changing Landscape of Autism Spectrum Disorder in Alabama”	
—Justin Schwartz, MD, FAAP & Laura Stoppelbein, MD, PhD	8:00 a.m. - 9:30 a.m.
“Newborn Screening for Severe Combined Immune Deficiency (SCID): A Review of Our First Year”	
—Prescott Atkinson, MD, FAAP	9:30 a.m. - 10:30 a.m.
Refreshment Break in the Exhibits	10:30 a.m. - 11:00 a.m.
“HPV Epidemic in Alabama: What Can You Do to Protect the Next Generation?”	
—Jennifer Pierce-Young, MD	11:00 a.m. - 12:00 p.m.

Sponsored Luncheon Session (not part of our CME)
Gender Dysphoria in Pediatric Age Groups
Sponsored by Children’s of Alabama 12:00 p.m. - 1:00 p.m.

Ice Cream & Cookies Social in the Exhibits 1:00 p.m. - 1:30 p.m.
Exhibits open until 1:30 p.m.

Friday Afternoon

Grand Pediatric Pentathlon One-Mile Fun Walk/Run for Kids & Families 4:00 p.m.

Friday Evening

Dinner on your own

NOTE: Children allowed in exhibit hall only under parental supervision.

Saturday, April 25

Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
“The Business of Immunization: Protecting Kids Without Destroying Your Practice”	
—Chip Hart	8:00 a.m. - 8:45 a.m.
“Evaluation and Treatment of Adolescents with Co-Occurring Substance Use and General Psychiatric Disorders”	
—Stephen Taylor, MD	8:45 a.m. - 9:45 a.m.
Refreshment Break in the Exhibits	9:45 a.m. - 10:15 a.m.
Exhibit Breakdown	10:15 a.m. - 10:45 a.m.
“Life Hacks for the Pediatric Practice”	
—Katrina Skinner, MD, FAAP	10:15 a.m. - 11:00 a.m.
“The Opioid/Addiction Epidemic and its Impact On Youth”	
—Stephen Taylor, MD	11:00 a.m. - 12:00 p.m.

Sponsored Luncheon Session (separate CME)
Circle of Care Update
—Sponsored by Blue Cross Blue Shield of Alabama 12:00 p.m. - 1:15 p.m.

Saturday Afternoon

Grand Pediatric Pentathlon activities continue
Grand Pediatric Pentathlon “Sandcastle University” on the Beach for Kids & Families 2:00 p.m. - 3:00 p.m.

Saturday Evening

“Grand Pediatric Pentathlon”
Check-in and Door Prize Giveaway 5:45 p.m. - 6:30 p.m.
Dinner on the Terrace 6:30 p.m.

Sunday, April 26

Breakfast	7:30 a.m. - 8:00 a.m.
“Delivering On Your Practice Culture”	
—Chip Hart	8:00 a.m. - 8:45 a.m.
“Healthcare Transitions for Adolescents”	
—Tamara Coyne-Beasley, MD, FAAP	8:45 a.m. - 9:45 a.m.
“15 Hacks to Boost Teen Well Visits: Alabama Pediatricians Reveal Secrets”	
—Cason Benton, MD, FAAP, & Nola Ernest, MD, FAAP	9:45 a.m. - 10:45 a.m.
“Meningococcal Disease and Immunization”	
—Tamara Coyne-Beasley, MD, FAAP	10:45 a.m. - 11:30 a.m.
“Peer-to-Peer Lessons to Move Your Practice Forward”	
—Facilitated by Chip Hart	11:30 a.m. - 12:30 pm.

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Registration

Please register early!

Please register below or **online (preferred) at www.alaap.org**, with secure credit card payment via Stripe (no account required).

First Name: _____ Last Name: _____

(As you would like it to appear on nametag)

Designation: MD DO RN CRNP NP PA Other Daytime Phone #: (_____) _____

Street Address: _____ City: _____ State: _____ Zip: _____

E-mail Address (required): _____ Spouse/Guest Name for Nametag: _____

Will you be attending/participating in the following sessions/events? Please pre-register:

♦ **Grand Pediatric Pentathlon** (Fri./Sat., at your leisure, donation of \$65/adult or \$50/child 12 & under to participate) Yes No

Enter shirt sizes here for each participant:

Adults: (S, M, L, XL) _____ Youth: (S, M, L) _____

♦ **Saturday Night Dinner** (6:30 p.m., included in registration; guests require additional fees) Yes No # in party _____

FEES† (Check One) (covers admittance for one person to all meals, including Saturday night reception & dinner)**

Chapter Members (Alabama or other AAP chapter) - <u>BEFORE April 3, 2020</u>	<input type="checkbox"/> \$395
Chapter Members (Alabama or other AAP chapter) - <u>AFTER April 3, 2020</u>	<input type="checkbox"/> \$455
Non-Chapter Member Physicians	<input type="checkbox"/> \$575
Senior Physician (over age 70, fully retired), Chapter Affiliate NP/PA Member, PMA member or Nurse	<input type="checkbox"/> \$275
NP/PA Non-Member of AL-AAP, (includes National Affiliate AL-AAP membership, a \$40 savings!)	<input type="checkbox"/> \$350
Pediatric Resident/House Staff/Medical Student	<input type="checkbox"/> (waived, value of \$395)
Additional Tickets for Saturday night reception/dinner/dessert: _____ # of adult tickets @ \$70 each	\$ _____
_____ # of children's tickets @ \$20 each	\$ _____
Pediatric Pentathlon _____ # of adult participants @ \$65 donation each	\$ _____
Pediatric Pentathlon _____ # of child (12 and under) participants @ \$50 donation each	\$ _____
Will you add a tax-deductible donation to Reach Out and Read-Alabama? If so, enter amount	\$ _____
TOTAL	\$ _____

Check enclosed (made payable to Alabama Chapter-AAP)

Charge my credit card (circle one): VISA MC AMEX DISC Card # _____

Expiration Date: ___/___/___ Name on Card: _____

** Full refund for cancellations until April 17, 2020 at 5 p.m. A \$35 cancellation fee will be assessed for credit card payments that are cancelled at any time. No refunds will be issued for cancellations/no-shows after April 17.

† \$10 of the registration fee supports the Mike Warren Challenge for the Alabama Child Health Improvement Alliance, which has made tremendous strides for child health by making practice-based improvements. This donation allows the program to continue to help practices reliably deliver care and foster a culture of quality improvement and will be matched by Children's of Alabama.

Child Care Options:

To arrange in-room babysitting services, please call Nanny's Care directly at (251) 986-8200. (Website: <https://nannyscareal.wixsite.com/nannys-care>). You can also use sitter search sites, including care.com and sittercity.com.

Make check payable to: Alabama Chapter-AAP. Mail form and payment by 4/3/20 to:
Jill Powell, Alabama Chapter-AAP, 19 S. Jackson St., Montgomery, AL 36104

Faculty

Prescott Atkinson, MD, PhD, FAAP, Professor and Director, Division of Pediatric Allergy & Immunology, University of Alabama at Birmingham, Birmingham, AL

♦ **Newborn Screening for Severe Combined Immune Deficiency (SCID): A Review of Our First Year**

Cason Benton, MD, FAAP, Associate Professor of Pediatrics, Division of Pediatrics, University of Alabama at Birmingham, Birmingham, AL

Nola Jean Ernest, MD, FAAP, Pediatrician, Enterprise Pediatric Clinic, Enterprise, AL

♦ **15 Hacks to Boost Teen Well Visits: Alabama Pediatricians Reveal Secrets**

Tamera Coyne-Beasley, MD, MPH, FAAP, FSAHM, Division Director, Adolescent Medicine; Vice Chair of Pediatrics - Community Engagement, Professor of Pediatrics and Internal Medicine, University of Alabama at Birmingham, Birmingham, AL

♦ **Healthcare Transitions for Adolescents**

♦ **Meningococcal Disease and Immunization**

Chip Hart, Director, PCC Pediatric Solutions Consulting Group, Winooski, VT

♦ **The Business of Immunization: Protecting Kids Without Destroying Your Practice**

♦ **Delivering On Your Practice Culture**

♦ **Peer-to-Peer Lessons to Move Your Practice Forward (Facilitator)**

Justin Schwartz, MD, FAAP, Assistant Professor of Pediatrics, Division of Developmental and Behavioral Pediatrics, University of Alabama at Birmingham, Birmingham, AL

Laura Stoppelbein, PhD, Professor, Department of Psychology, University of Alabama; Director, University of Alabama Autism Clinic, Birmingham, AL

♦ **The Changing Landscape of Autism Spectrum Disorder in Alabama**

Katrina Skinner, MD, FAAP, Pediatrician, Fairhope Pediatrics, Fairhope, AL

♦ **Life Hacks for the Pediatric Practice**

Stephen M. Taylor, MD, MPH, FASAM, Chief Medical Officer, Behavioral Health Division, Pathway Healthcare, LLC, Birmingham, AL

♦ **Evaluation and Treatment of Adolescents with Co-Occurring Substance Use and General Psychiatric Disorders**

♦ **The Opioid/Addiction Epidemic and Its Impact on Youth**

Jennifer Young-Pierce, MD, Professor, Gynecologic Oncology & Program Leader, Cancer Control and Prevention, Professor, University of South Alabama Mitchell Cancer Institute, Mobile, AL

♦ **HPV Epidemic in Alabama: What Can You Do to Protect the Next Generation?**

Register Now! Hotel Deadline is March 25!
Registration Packet
Spring Meeting

Alabama Chapter
19 S. Jackson St.
Montgomery, AL 36104



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Upon completion of this live activity, participants will be able to:

The Changing Landscape of Autism Spectrum Disorder in Alabama

- ◆ Review the current state of insurance coverage eligibility for autism spectrum disorder (ASD)
- ◆ Describe supports for early identification of ASD behaviors in primary care
- ◆ Discuss the expanded role of primary care providers in initial diagnosis and referral for services

HPV Epidemic in Alabama: What Can You Do to Protect the Next Generation?

- ◆ Describe the current state of HPV and HPV-related cancers in the U.S. and in Alabama
- ◆ Describe the current data on HPV vaccination in AL
- ◆ List three things pediatricians can do in their practices to increase HPV vaccination rates

Newborn Screening for Severe Combined Immune Deficiency (SCID): A Review of Our First Year

- ◆ Restate the fact that a positive newborn screen for Severe Combined Immune Deficiency does NOT mean that the patient actually has SCID
- ◆ Describe the TREC test – the basis for newborn screening for low T cell production in the thymus
- ◆ Explain how to refer a baby with a positive newborn screen for SCID for follow-up flow cytometry testing for T cell analysis

The Business of Immunization: Protecting Kids Without Destroying Your Practice

- ◆ Estimate the costs of purchasing and administering vaccines
- ◆ Explain the differences between "carrying costs" and the retail costs of vaccines
- ◆ Use provided tools to compare the viability of his/her immunization business on a payor-by-payor basis and use the AAP's white papers to negotiate with payors

Evaluation and Treatment of Adolescents with Co-Occurring Substance Use and General Psychiatric Disorders

- ◆ Briefly discuss some of the epidemiology of adolescent substance use and general psychiatric disorders
- ◆ Recognize some of the risk factors and warning signs of a developing substance use disorder in a pre-adolescent or an adolescent
- ◆ Recognize some of the risk factors and warning signs of a developing psychiatric illness in a pre-adolescent or an adolescent
- ◆ Briefly discuss the importance of motivational interviewing with adolescents in the primary care setting
- ◆ List some of the evidence-based behavioral and pharmacological approaches to managing adolescents with co-occurring substance use and general psychiatric disorders.
- ◆ Discuss effective treatment of adolescents with opioid and other substance use disorders, in light of NIDA's evidence-based Principles of Drug Addiction Treatment.

Life Hacks for the Pediatric Practice

- ◆ Identify barriers to patient access in the outpatient pediatric office setting
- ◆ Describe techniques that can be employed by the practicing pediatrician to improve office efficiency and streamline patient care

The Opioid/Addiction Epidemic and Its Impact on Youth

- ◆ Briefly discuss some of the epidemiology and stages of the current opioid/addiction epidemic
- ◆ Provide an evidence-based, clinically useful definition of addiction, and apply that definition to the opioid-addicted adolescent who may present in the primary care setting
- ◆ Discuss important clinical considerations in evaluating an adolescent for a possible opioid use disorder
- ◆ Discuss two important issues in the treatment of Neonatal Opioid Withdrawal Syndrome (NOWS)

Delivering On Your Practice Culture

- ◆ Describe the difference between the stated and actual cultures of his/her practice
- ◆ Explain the differences among and value of mission statements, vision statements, and values
- ◆ Develop a mission statement that guides the practice to efficient and rewarding work

Healthcare Transitions for Adolescents

- ◆ Describe the importance of transition health care for adolescents and young adults
- ◆ Assess transition readiness
- ◆ Apply tools to implement transition health care for adolescents and young adults

15 Hacks to Boost Teen Well Visits: Alabama Pediatricians Reveal Secrets

- ◆ Examine techniques to increase teen well visits
- ◆ Review consent and confidentiality policies from Alabama pediatric practices
- ◆ Summarize "real-world," teen-friendly practice updates

Meningococcal Disease and Immunization

- ◆ Describe the epidemiology of meningococcal disease
- ◆ Restate the Advisory Committee on Immunization Practices (ACIP) recommendations for MenACYW vaccine
- ◆ Discuss the ACIP recommendations for Men B vaccine

Peer-to-Peer Lessons to Move Your Practice Forward

- ◆ Cite concrete ways to approach and implement change in their practices in order to provide the highest level of care
- ◆ Discuss how to position practices for growth in order to addressing the needs of their community's pediatric population
- ◆ List approaches to address increasing payor demands on pediatric practice





Important Note

This year's meeting will be held at The Lodge at Gulf State Park in Gulf Shores, AL!

Important Deadlines: Hotel reservation deadline is **March 25**. Early bird meeting registration deadline is **April 3**.

Hotel Reservations: A block of rooms is being held for our group at The Lodge at Gulf State Park at special rates (base rate of \$199) until Wednesday, March 25, 2020. After that date, we cannot guarantee availability of rooms at our group rate. Reservations can be made with this link:

<http://group.hilton.com/alchapteramericanacademypediatrics> (please note, the entire URL must be copied and pasted for it to work properly) or by calling 1.800.618.4350 - **be sure to use group code ALAAP**.

CME Accreditation: Children's of Alabama designates this live activity for a maximum of **11.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of Children's of Alabama and the Alabama Chapter of the AAP. Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Presentation Handouts: Per its "green" policy, the Chapter will distribute electronic versions of the speakers' PowerPoint handouts. CDs of handouts will be provided at the meeting and as links via email two weeks prior. Participants can pre-print handouts from the site, or, if they choose, bring their laptops to the sessions.

Hotel Check-In & Parking: Check-in is available starting at 4 p.m. There are nightly fees of \$10 for valet parking and \$5 for self-parking. Visit The Lodge's website at <https://lodgeatgulfstatepark.com/> for more information.

Dress: Dress for all activities is "resort casual." **Room temperatures can vary, so please bring a sweater or wrap.**

Child Care: To arrange in-room babysitting services, please call Nanny's Care directly at (251) 986-8200. (Website: <https://nannyscareal.wixsite.com/nannys-care>). You can also use sitter search sites, including care.com and sittercity.com.

Join Your Colleagues for Our Special Events:

- ◆ "Meet and Greet" Reception in the Exhibits—Thursday ♦ 5 p.m. - 6:30 p.m.
- ◆ Seventh Annual "Grand Pediatric Pentathlon" *benefitting Reach Out and Read-Alabama*
Grab your family members and join fellow pediatricians from around the state in this five-event activity--and take advantage of all the beautiful property has to offer while raising funds for Reach Out and Read! The events are running/walking (one mile), biking (30 minutes), kayaking (30 minutes), swimming (one hour) and reading for fun (one hour). Participate in each event at any time at your leisure; see schedule for specific activities, including a walk/run on Friday afternoon and Sandcastle University on Saturday afternoon! Your \$65 donation (\$50 for children 12 and under) gets you an event shirt and eligibility for prizes! Sign up on the registration form.
- ◆ "Grand Pediatric Pentathlon" Check-in, Door Prize Giveaway & Mixer —Saturday ♦ 5:45 p.m. - 6:30 p.m.
Join your colleagues for a mixer on the terrace before dinner as we check in Pentathlon participants and give away door prizes! Sign up on registration form.
- ◆ Dinner on the Terrace—Saturday ♦ 6:30 p.m. - 8:30 p.m.
Enjoy a fun, family dinner with live music on the terrace overlooking the Gulf of Mexico!

