

2023 Spring Meeting & Pediatric Update

**Take advantage of
timely education
and networking
with pediatric
colleagues from
across Alabama
while overlooking
the emerald
waters of the Gulf**

May 25-28, 2023
The Lodge at Gulf State Park |
Gulf Shores, AL

Alabama Chapter

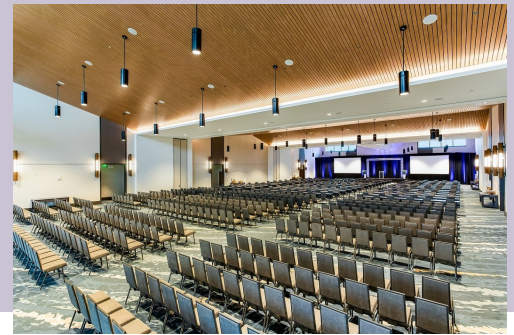
INCORPORATED IN ALABAMA

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



Agenda



Thursday, May 25

Exhibit Set-up	1:30 p.m. - 4:30 p.m.
Registration Desk Opens	5:30 p.m. - 6:30 p.m.
“Meet & Greet” Reception in the Exhibits	5:30 p.m. - 6:30 p.m.
Dinner on your own	

Friday, May 26

Registration Desk Open	7:00 a.m.
Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
“ACL Injury Risk and Prevention in High School Athletes” —James Slauterbeck, MD	8:00 a.m. - 9:00 a.m.
“How Obesity Affects Orthopedic Conditions of Childhood” —Tyler McDonald, MD	9:00 a.m. - 10:00 a.m.
Refreshment Break in the Exhibits	10:00 a.m. - 10:30 a.m.
“Launching a New State of Mind” —Commissioner Kim Boswell	10:30 a.m. - 11:30 a.m.

Sponsored Luncheon Session (separate CME)
Biliary Atresia: Updates and Thoughts on Primary Liver Transplantation as Treatment
presented by Marcos E. Pozo Jatem, MD, Director, Transplant Services, Children’s of Alabama
—Sponsored by Children’s of Alabama 11:30 a.m. - 12:30 p.m.

Strolling Desserts in the Exhibits	12:30 p.m. - 1:00 p.m.
Exhibits open until 1:00 p.m.	

Friday Afternoon

Reach Out and Read Roundtable	1:00 p.m. - 1:45 p.m.
Grand Pediatric Pentathlon One-Mile Fun Walk/Run for Kids & Families	3:00 p.m.
Grand Pediatric Pentathlon “Sandcastle University” on the Beach for Kids & Families	3:45 p.m. - 4:45 p.m.

Friday Evening

Dinner on your own

NOTE: Children allowed in exhibit hall only under parental supervision.

This event is made possible in part by a number of supporters, including an AAP educational grant supported by Abbott Nutrition, a proud supporter of the AAP.

Saturday, May 27

Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
“Evaluation & Treatment of the Slow-Growing Breastfed Infant” —Laurie Jones, MD, FAAP, FABM	8:00 a.m. - 9:00 a.m.
“A Teen Vaccine Workshop: Applying ACHIA Teen Vaccine Collaborative Lessons Learned to Your Practice” —Cason Benton, MD, FAAP & Heather Taylor, MD, FAAP	9:00 a.m. - 10:00 a.m.
Refreshment Break in the Exhibits	10:00 a.m. - 10:30 a.m.
Exhibit Breakdown	10:30 a.m. - 11:00 a.m.
“Cases & Math: The Slow-Growing Breastfed Infant” —Laurie Jones, MD, FAAP, FABM	10:30 a.m. - 11:30 a.m.
“Do I Work with the Wrong People?” —Chip Hart	11:30 a.m. - 12:30 p.m.

Sponsored Luncheon Session (not part of our CME)
“Post-Discharge Nutrition Practices in the Premature Infant”
—Sponsored by Reckitt/Mead Johnson 12:30 p.m. - 1:30 pm.

Saturday Afternoon

Grand Pediatric Pentathlon activities continue

Saturday Evening

Pentathlon Check-in, Door Prize Giveaway & Mixer on the Terrace* 5:45 p.m. - 6:30 p.m.
Dinner on the Terrace* 6:30 p.m.
—Sponsored by USA Health Children’s & Women’s Hospital
*featuring live music!

Sunday, May 28

Breakfast with Your Area Representatives	7:30 a.m. - 8:00 a.m.
“Health Equity: Let’s Be Part of the Solution” —Jake Kleinmahon, MD	8:00 a.m. - 9:00 a.m.
“Syphilis and HIV in Pregnancy: Management of Infants” —Claudette Poole, MD, MSPH, FAAP	9:00 a.m. - 10:00 a.m.
“Growth as a Biomarker of Health in Children: Review and Update” —E. Melissa Perez-Garcia, MD, FAAP	10:00 a.m. - 11:00 a.m.
“2022 AAP Clinical Practice Guideline Revision for Management of Hyperbilirubinemia in the Newborn: Wow, That’s Different!” —John McLendon, MD, FAAP	11:00 a.m. - 12:00 p.m.

Adjourn

Upon completion of this live activity, participants will be able to:

ACL Injury Risk and Prevention in High School Athletes

- ◆ Identify risk factors for male and female athletes
- ◆ Distinguish risk factors between male and female athletes
- ◆ Describe how to help lower the risk of ACL injury in high school and college athletes

How Obesity Affects Orthopedic Conditions of Childhood

- ◆ Describe how childhood obesity affects various common orthopedic conditions seen in a pediatric practice
- ◆ Distinguish the difference in management of various orthopedic conditions between children with and without obesity

Launching a New State of Mind

- ◆ List new strategies for improving pediatric mental health care access in Alabama
- ◆ Describe the power of the relationship between pediatricians and families as a healing agent for children's mental health

Evaluation & Treatment of the Slow-Growing Breastfed Infant

- ◆ Recognize normal/abnormal human milk-fed growth trajectories
- ◆ Discuss longitudinal milk supply principles
- ◆ Demonstrate differential diagnosis skills for the feeding dyad
- ◆ Develop collaborative treatment plans for slow growth
- ◆ Identify prevention strategies of the slow-growing breast milk-fed infant

A Teen Vaccine Workshop: Applying ACHIA Teen Vaccine Collaborative Lessons Learned to Your Practice

- ◆ Describe successful techniques to increase teen vaccination rates
- ◆ Analyze your clinic's current vaccine processes
- ◆ Identify one change idea to reduce missed opportunities and/or create vaccination opportunities

Cases & Math: The Slow-Growing Breastfed Infant

- ◆ Describe a nuanced feeding history for slow-growing breast milk-fed infant to use in a busy office practice
- ◆ Name the anatomic and functional components of DMX (Dysfunctional Milk Extraction)
- ◆ Define and apply the two types of lactoengineering of human milk
- ◆ Create a two-patient differential diagnosis of the slow-growing infant

Do I Work with the Wrong People?

- ◆ Review the practice's employees for suitability for continued employment and how to manage any changes
- ◆ Identify the role that culture plays in your practice
- ◆ Appraise the practice for any of Gottman's "4 Horsemen" infecting the relationships of those who work with you

Health Equity: Let's Be Part of the Solution

- ◆ Identify causes of healthcare disparities
- ◆ Cite ways to assess implicit bias
- ◆ Employ strategies to mitigate health inequities

Syphilis and HIV in Pregnancy: Management of Infants

- ◆ Discuss algorithms for screening and treatment of syphilis and HIV in pregnancy
- ◆ Describe limitations of various syphilis diagnostics
- ◆ Describe management of infants born to mothers with syphilis or HIV

Growth as a Biomarker of Health in Children: Review and Update

- ◆ Review normal growth physiology and normal growth parameters
- ◆ Identify abnormal growth patterns and identify signs of possible pathology underlying abnormal growth parameters
- ◆ Discuss updated management of growth hormone deficiency and evidence on long-term outcomes

2022 AAP Clinical Practice Guideline Revision for Management of Hyperbilirubinemia in the Newborn Infant: "Wow, That's Different!"

- ◆ Identify the key changes established by the 2022 AAP "Clinical Practice Guideline Revision for the Management of Hyperbilirubinemia in the Newborn Infant 35 or More Weeks of Gestation"
- ◆ Identify strategies to provide support for breastfeeding mothers of infants with elevated bilirubin levels
- ◆ Review current treatment guidelines for infants with moderate to severe hyperbilirubinemia, including criteria for readmission

Topics & Objectives



Important Note: This year's meeting will be held at The Lodge at Gulf State Park in Gulf Shores, AL!

Important Deadlines: Hotel reservation deadline is **April 24**. Early bird meeting registration deadline is **May 4**.

Hotel Reservations: A block of rooms is being held for our group at The Lodge at Gulf State Park at special rates (base rate of \$259) until Wednesday, April 24, 2023. After that date, we cannot guarantee availability of rooms at our group rate. Reservations can be made by clicking the link here: <https://bit.ly/4044lzV> or by calling 1.800.618.4350 - **be sure to use group code ALAAP**.

CME Accreditation: Children's of Alabama designates this live activity for a maximum of **11.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of Children's of Alabama and the Alabama Chapter of the AAP. Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide accredited continuing education for physicians.

MOC Part 2: Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 11.0 MOC Part 2 points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

CloudCME: Like at our 2022 Annual Meeting, attendees will claim CME through the CloudCME system. More details will be emailed to registrants closer to the meeting.

Presentation Handouts: Prior to the conference, the Chapter will send an email to registrants with links to the speakers' PowerPoint handouts, which they can print or access with their laptops during the sessions.

Hotel Check-In & Parking: Check-in is available starting at 4 p.m. There are nightly fees of \$20 for valet parking and \$10 for self-parking. Visit <https://lodgearatgulfstatepark.com/> for more information.

Dress: Dress for all activities is "resort casual." **Room temperatures can vary, so please bring a sweater or wrap.**

Join Your Colleagues for Our Special Events:

◆ **"Meet and Greet" Reception in the Exhibits—Thursday ♦ 5:30 p.m. - 6:30 p.m.**

◆ **Tenth Annual "Grand Pediatric Pentathlon" *benefitting Reach Out and Read-Alabama***

Grab your family members and join fellow pediatricians from around the state in this five-event activity--and take advantage of all the beautiful property has to offer while raising funds for Reach Out and Read! The events are running/walking (one mile), biking (30 minutes), kayaking (30 minutes), swimming (one hour) and reading for fun (one hour). Participate in each event at any time at your leisure; see schedule for specific activities, including a walk/run and Sandcastle University on Friday afternoon! Your \$50 donation gets you an event shirt and eligibility for prizes! Sign up on the registration form.

◆ **"Grand Pediatric Pentathlon" Check-in, Door Prize Giveaway & Mixer —Saturday ♦ 5:45 p.m. - 6:30 p.m.**

Join your colleagues for a mixer before dinner as we check in Pentathlon participants and give away prizes!

◆ **Dinner on the Terrace—Saturday ♦ 6:30 p.m. - 8:30 p.m.**



Please register early!

MOC Part 2

Again this year, the Chapter is delighted to offer ABP Lifelong Learning and Self-Assessment for MOC Part 2 for ABP diplomates for each CME hour of the Spring Meeting (up to 11.0 hours) through Children's of Alabama, our accredited CME provider.

- ◆ Each speaker will guide attendees in a short discussion around two questions for each topic.
- ◆ MOC enrollees must use a smartphone or laptop to complete the self-assessment questions.
- ◆ MOC enrollees must supply their ABP # on the credits claimed form so credits information can be transmitted to the ABP.

Fees

(covers CME, MOC2, and admittance for one person to all meals, including Saturday night reception & dinner)

Chapter Members (Alabama or other AAP chapter) - <u>BEFORE May 4, 2023</u>	\$395
Chapter Members (Alabama or other AAP chapter) - <u>AFTER May 4, 2023</u>	\$455
Non-Chapter Member Physicians	\$575
Senior Physician (over age 70, fully retired), Chapter Affiliate NP/PA Member, PMA member or Nurse	\$295
NP/PA Non-Member of AL-AAP, (includes National Affiliate AL-AAP membership)	\$395
Pediatric Resident/House Staff/Medical Student	(waived, value of \$395)
<u>Additional</u> Tickets for Saturday night reception/dinner/dessert:	
Adult tickets	\$75
Children's tickets	\$25
Pediatric Pentathlon - per participant (be prepared to include T-shirt sizes when registering)	\$50
<i>*You will also be able to make a tax-deductible donation to Reach Out and Read-Alabama as part of registration.</i>	

* Full refund for cancellations until May 18, 2023 at 5 p.m. A \$45 cancellation fee will be assessed for credit card payments that are cancelled at any time. No refunds will be issued for cancellations/no-shows after May 18.

FIRST-TIME CHAPTER MEMBER ATTENDEES: Enjoy a \$50 rebate! This amount will be refunded to you after the conference. Check the "first-time attendee" box on the online registration form and we will verify attendance records.

How to register

Please register online at www.alaap.org, with secure credit card payment via Stripe (no account required). Use the QR code below to register, or go directly to <https://www.alaap.org/2023-spring-meeting-registration>.



**Get all the
information and
register at
www.alaap.org.
Questions?
Contact Jill Powell
at 334-954-2530.**

Alabama Chapter

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19 S. Jackson St.

Montgomery, AL 36104

Spring Meeting Registration Packet

Register Now! Hotel Deadline is April 24!

- ◆ **Health Equity: Let's Be Part of the Solution**
Jake Kleinmahon, MD, Director of Pediatric Heart Transplant and Heart Failure, Ochsner Hospital for Children, New Orleans, LA
- ◆ **How Obesity Affects Orthopedic Conditions of Childhood**
Tyler McDonald, MD, Pediatric Orthopedic Surgery, Assistant Professor, Department of Orthopedic Surgery, Assistant Professor, Department of Pediatrics, University of South Alabama Health, Mobile, AL
- ◆ **2022 AAP Clinical Practice Guideline Revision for Management of Hyperbilirubinemia in the Newborn Infant: "Wow, That's Different!"**
John McLendon, MD, FAAP, Pediatric Hospitalist, Chair, Department of Pediatrics, Ascension, Providence Hospital, Mobile, AL
- ◆ **2022 AAP Clinical Practice Guideline Revision for Management of Hyperbilirubinemia in the Newborn Infant: "Wow, That's Different!"**
Claudette Poole, MD, MSPH, FAAP, Assistant Professor of Pediatrics, Pediatric Infectious Diseases, University of Alabama at Birmingham, Birmingham, AL
- ◆ **Syphilis and HIV in Pregnancy: Management of Infants**
James Slauterbeck, MD, Professor and Chair, Department of Orthopedic Surgery, and Professor, Department of Pediatrics, University of South Alabama, Mobile, AL
- ◆ **ACL Injury Risk and Prevention in High School Athletes**
Laurie Jones, MD, FAAP, FABM, Pediatrician, Agave Pediatrics, Scottsdale, AZ
- ◆ **Evaluation & Treatment of the Slow-Growing Breastfed Infant**
◆ **Cases & Math: The Slow-Growing Breastfed Infant**
- ◆ **Launching a New State of Mind**
Kim Boswell, Commissioner, Alabama Department of Mental Health, Montgomery, AL
- ◆ **Collaborative Lessons Learned to Your Practice**
◆ **A Teen Vaccine Workshop: Applying ACHA Teen Vaccine**
Heather Taylor, MD, FAAP, Professor of Pediatrics, College of Community Health Sciences, Pediatric Clerkship Director, Tuscaloosa Regional Campus, UAB Heersink School of Medicine, Tuscaloosa, AL
- ◆ **Growth as a Biomarker of Health in Children: Review and Update**
Chip Hart, Director, PCC Pediatric Solutions Consulting Group, Winoski, VT
- ◆ **Do I Work with the Wrong People?**
E. Melissa Perez-Garcia, MD, FAAP, Assistant Professor of Pediatrics, Pediatric Endocrinology, University of South Alabama, Mobile, AL
- ◆ **Do I Work with the Wrong People?**
Chip Hart, Director, PCC Pediatric Solutions Consulting Group, Winoski, VT

Faculty