

Alabama Chapter

INCORPORATED IN ALABAMA

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



# 2020 Virtual ANNUAL MEETING & FALL PEDIATRIC UPDATE



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SEPTEMBER 26-27, 2020

Via Zoom Webinar

*Join your colleagues for the Chapter's Virtual Annual Meeting, providing our members with much-needed CME and to replace our in-person 2020 Annual Meeting, which was terminated due to the COVID-19 pandemic.*

# AGENDA, REGISTRATION & CME

## AGENDA

### SATURDAY, SEPTEMBER 26

Registration Open	7:40 a.m.
Open Chat	7:40 a.m. - 8:00 a.m.
<b>Call to Order/Welcome</b> —Katrina Skinner, MD, FAAP, Chapter President-Elect	8:00 a.m.
<b>“Obesity Prevention: What do we do for Infants under 2?”</b> —Sandra Hassink, MD, FAAP	8:00 a.m. - 8:45 a.m.
<b>“Child Physical Abuse: Recognition &amp; Response during the COVID Pandemic”</b> —Michael Taylor, MD, FAAP	8:45 a.m. - 9:30 a.m.
Stretch Break	9:30 a.m. - 9:45 a.m.
<b>“Obesity Prevention: Optimizing our Interactions in the Patient Encounter”</b> —Sandra Hassink, MD, FAAP	9:45 a.m. - 10:30 a.m.
<b>“Integrating Childhood Mental Health into Primary Care Pediatrics”</b> —Brian Gannon, MD, FAAP; April Kendrick, Ph.D., ECMH-E & Stacey Daugherty, LICSW	10:30 a.m. - 11:15 a.m.
<b>“COVID-19: A School Year Check-in and Looking Ahead to 2021”</b> —Scott Harris, MD	11:15 a.m. - 12:00 p.m.

### SUNDAY, SEPTEMBER 27

<b>Call to Order/Welcome</b> —Wes Stubblefield, MD, FAAP, Chapter President	1:00 p.m.
<b>“Nutrition for Oral and Systemic Health Throughout Childhood and Adolescence”</b> —Teresa Marshall, PhD, RDN, LDN	1:00 p.m. - 2:30 p.m.
Chapter Reports & Door Prize Drawing	2:30 p.m. - 2:45 p.m.
<b>“Life Hacks for the Pediatric Practice”</b> —Katrina Skinner, MD, FAAP	2:45 p.m. - 3:30 p.m.
<b>“Meningococcal Disease and Immunization”</b> —Tamera Coyne-Beasley, MD, FAAP	3:30 p.m. - 4:15 p.m.
<b>“Psychological and Behavioral Impact of the Pandemic on Children”</b> —Kim Zlomke, PhD, BCBA-D	4:15 p.m. - 5:00 p.m.
Adjourn	

## REGISTRATION & FEES

**Important Deadlines:** Registration deadline is *September 18, 2020 so that we know our head count for our Zoom plan.*

**Registration Fee:** The fee for registration for this conference is a flat \$190.00 for all member types (including members from other state AAP chapters!) and nurses, and \$265 for non-members, which covers both days and 7.5 hours of education.

**Registration Link:** Registration and payment for this conference is online only. Upon receipt of your electronic registration and fee, you will be sent the link for attending on the days of the conference. To register, click here:

<https://www.alaap.org/2020-virtual-annual-meeting-registration>

## CME ACCREDITATION

Children’s of Alabama designates this live activity for a maximum of **7.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint provider-ship of Children’s of Alabama and the Alabama Chapter of the AAP. Children’s of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

**Instructions for Logging In and Obtaining CME:** Please be sure your computer is “Zoom-ready” and that you have tested it well ahead of the start of the conference. After registering, you will be sent a link to register that morning so that we have you signed in for CME purposes. Closer to the conference, links to the evaluation and credits claimed forms will be posted on the attendee handouts page. Upon completion of these forms, you will be auto-directed to a page where you will find links to the CME/participation certificates to print for your records.

**Presentation Handouts:** Electronic versions of the speakers’ PowerPoint handouts will be posted to the attendee handouts page after the conference.

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# FACULTY & TOPICS



**Tamera Coyne-Beasley, MD, FAAP**

**Tamera Coyne-Beasley, MD, FAAP**, Professor of Pediatrics, Internal Medicine with Tenure, Derrol Dawkins, MD Endowed Chair in Adolescent Medicine, Division Director, UAB Adolescent Medicine, Vice Chair, Pediatrics for Community Engagement, Department of Pediatrics, Division of Adolescent Medicine, Children's of Alabama, Birmingham, AL

◆ **Meningococcal Disease and Immunization**

**Brian Gannon, MD, FAAP**, Assistant Professor, Pediatric Clinic, Director, University of Alabama, University Medical Center, Tuscaloosa, AL

**April Kendrick, PhD**, Assistant Professor, College of Human Environmental Sciences, Director of Child Development Resources, University of Alabama, Tuscaloosa, AL

**Stacey Daugherty, LICSW**, Infant and Early Childhood Mental Health Consultant, Alabama Department of Mental Health, Tuscaloosa, AL

◆ **Integrating Childhood Mental Health into Primary Care Pediatrics**

**Scott Harris, MD**, State Health Officer, Alabama Department of Public Health, Montgomery, AL

◆ **COVID-19: A School Year Check-in and Looking Ahead to 2021**

**Sandra Hassink, MD, MS, FAAP**, AAP Institute for Healthy Childhood Weight, Wilmington, DE

◆ **Obesity Prevention: What Do We Do for Infants Under 2?**

◆ **Obesity Prevention: Optimizing our Interactions in the Patient Encounter**

**Teresa Marshall, PhD, RDN, LDN**, Professor, University of Iowa College of Dentistry, Department of Preventive and Community Dentistry, Iowa City, IA

◆ **Nutrition for Oral and Systemic Health Throughout Childhood and Adolescence**

**Katrina Skinner, MD, FAAP**, Pediatrician, Fairhope Pediatrics, Fairhope, AL

◆ **Life Hacks for the Pediatric Practice**

**Michael Taylor, MD, FAAP**, Professor of Pediatrics, Division Director, UAB Department of Pediatrics, Child Abuse Pediatrics Division, Birmingham, AL

◆ **Child Physical Abuse: Recognition & Response During the COVID Pandemic**

**Kim Zlomke, PhD, BCBA-D**, Professor, Department of Psychology, Clinical and Counseling Psychology (CCP) Doctoral Program, Director, Psychology Clinic, University of South Alabama, Mobile, AL

◆ **Psychological and Behavioral Impact of the Pandemic on Children"**



**Teresa Marshall, PhD, RDN, LDN**



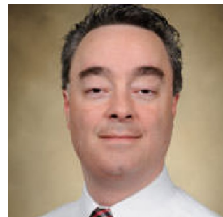
**Katrina Skinner, MD, FAAP**



**Michael Taylor, MD, FAAP**



**Kim Zlomke, PhD, BCBA-D**



**Gannon, Kendrick, Daugherty**



**Scott Harris, MD**



**Sandra Hassink, MD, MS, FAAP**



# LEARNING OBJECTIVES

Upon completion of this live activity, participants will be able to:

***Obesity Prevention: What Do We Do for Infants Under 2?***

- ◆ Describe evidence-based risk factors for obesity in infants
- ◆ Cite the role of parenting practices in obesity prevention
- ◆ Discuss increased awareness of community factors that impact infant obesity risk

***Obesity Prevention: Optimizing Our Interactions in the Patient Encounter***

- ◆ Discuss the role of implicit bias in the patient encounter
- ◆ Describe Motivational Interviewing and its role in obesity prevention
- ◆ Explore the role of mindfulness and healing within the patient encounter

***Child Physical Abuse: Recognition & Response during the COVID Pandemic***

- ◆ Cite the medical and legal definitions of child physical abuse
- ◆ Cite the reported incidence and prevalence of physical abuse
- ◆ Discuss the current recommendations for medical evaluation of physical abuse
- ◆ Discuss the challenges of identifying and evaluating physical abuse during the COVID pandemic
- ◆ Describe the role and importance of the medical evaluation to the overall investigative process

***Integrating Childhood Mental Health into Primary Care Pediatrics***

- ◆ Review options for developmental screenings
- ◆ Discuss the benefits of behavioral consultation in primary care offices
- ◆ Explain elements of pilot program integrating a mental health consultant into a busy pediatric practice
- ◆ Address barriers to family participation discovered during implementation of program
- ◆ Discuss reimbursement issues regarding developmental and behavioral services in the primary care setting
- ◆ Describe perceived and measured advantages of embedding mental health consultants into pediatric office settings

***COVID-19: A School Year Check-in and Looking Ahead to 2021"***

- ◆ Discuss how COVID is affecting children in Alabama's schools and how pediatricians can continue to help families
- ◆ Cite the current statistics for COVID in Alabama
- ◆ Describe the outlook for COVID in Winter 2020-2021

***Nutrition for Oral and Systemic Health Throughout Childhood and Adolescence***

- ◆ Identify characteristics of the normal pediatric diet
- ◆ Describe associations between diet and
  - ◇ Caries
  - ◇ Periodontal disease
  - ◇ Oral cancer
  - ◇ Dental erosion
  - ◇ Obesity and obesity related diseases
- ◆ Identify dietary strategies for oral and systemic disease prevention
- ◆ Describe strategies to integrate oral health and systemic health in dietary recommendations

***Life Hacks for the Pediatric Practice***

- ◆ Identify barriers to patient access in the outpatient pediatric office setting, and
- ◆ Describe techniques that can be employed by the practicing pediatrician to improve office efficiency and streamline patient care.

***Meningococcal Disease and Immunization***

- ◆ Discuss the epidemiology of Meningococcal disease
- ◆ Cite the Advisory Committee on Immunization Practices (ACIP) recommendations for MenACYW vaccine
- ◆ Cite the ACIP recommendations for Men B vaccine

***Psychological and Behavioral Impact of the Pandemic on Children***

- ◆ Describe how to assess mental health in children during COVID-19
- ◆ Evaluate the impact of social isolation on children and families
- ◆ List two methods to address children's stress response

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