

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Kathryn Litwin, MD, FAAP

Kathryn Litwin is a general pediatrician in Rocky Hill, Connecticut. After growing up on a multi-generational farm in northwestern Connecticut, she took a circuitous route to medicine, studying fine art at Syracuse University, working as a medical secretary at Dartmouth Hitchcock Medical Center and obtaining a master's degree in Clinical Evaluative Science at Dartmouth before training at the University of Connecticut School of Medicine. She completed residency at Connecticut Children's Medical Center, where she also served as a Chief Resident.

Along with her husband, Scott, Kathryn has two children, Ben (14 years old) and Sara (12 years old). They now live back on the family farm in Litchfield, Connecticut where she enjoys gardening, kayaking and driving her tractor.

Dr. Litwin's most recent professional focus has been early relational health. She has worked with her partners at Rocky Hill Pediatrics and within her community to promote secure attachment between children and caregivers. She is the recipient of grant funding from The Child Health and Development Institute of Connecticut, which allowed her team to establish Circle of Security Parenting groups in other Connecticut pediatric practices. She continues to search for cost-effective methods of educating pediatric medical providers and families about the benefits of developing safe, stable and nurturing relationships with children.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Moira Szilagyi, MD, PhD, FAAP

Dr. Moira Ann Szilagyi, is President-Elect of the AAP and a primary care pediatrician, Professor of Pediatrics, and Division Chief of Developmental-Behavioral Pediatrics at UCLA, where she is also the Peter Shapiro Term Chair for Enhancing Children’s Developmental and Behavioral Health.

Dr. Szilagyi was Professor of Pediatrics at the University of Rochester from 1990-2014 and Medical Director of Starlight Pediatrics, an integrated-care medical home for children in foster/kinship care. Her broad experience includes primary care for vulnerable populations, suburban private practice, education of trainees, leadership of several multi-system collaborative partnerships to improve care for children in foster care, research on evidence-based screening and the integration of mental health into primary care and a long history of advocacy at the federal, state and local levels.

She has held numerous AAP leadership positions, chairing the AAP NY-District II Task Force on Foster Care and the national Council on Foster Care, Adoption and Kinship Care. She is editor of *Fostering Health* (the manual for providers and systems) and co-author of *Childhood Trauma and Resilience: A Practical Guide*. She has also co-authored several AAP policy statements and clinical and technical reports on child welfare-involved children. She recently led an AAP case-based online educational program to help pediatricians integrate trauma-informed care into practice. Dr. Szilagyi sees patients in L.A. County’s foster care system.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Arie L. Nettles, PhD, NCSP, HSP

Dr. Nettles is professor of clinical pediatrics and a psychologist for children, adolescents and young adults with developmental disabilities, autism, and cleft craniofacial disorders in the Vanderbilt University Medical Center (VUMC). Founder and director of VUMC's Office of Inclusion and Health Equity (OIHE) since 2011, Nettles has expanded the program from its origins at Monroe Carell Jr. Children's Hospital at Vanderbilt to encompass the education and training of the entire medical enterprise on cultural awareness, sexual harassment, civility, active bystander intervention, and unconscious bias.

Nettles is a licensed psychologist in Tennessee and Michigan; nationally certified school psychologist; and nationally registered health service provider. Appointed by the Governor, she chairs the Tennessee Statewide Planning and Policy Council for the Department of Intellectual and Developmental Disabilities. Her current research is best clinical and nonclinical practices in inclusion and health equity in medicine.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Tamera Coyne Beasley, MD, FAAP

Dr. Tamera Coyne-Beasley is the Derrol Dawkins, MD Endowed Chair in Adolescent Medicine, Division Director for Adolescent Medicine, Vice Chair of Pediatrics for Community Engagement, and Professor of Pediatrics and Internal Medicine at the University of Alabama Birmingham and Children's of Alabama. Her areas of expertise and training include adolescent medicine, preventive medicine, health services research, epidemiology and public health. Her research, community engagement, and policy and program development focus on adolescent health and well-being, sexual and reproductive health, risk behaviors and resiliency, immunizations, global health, and health equity.

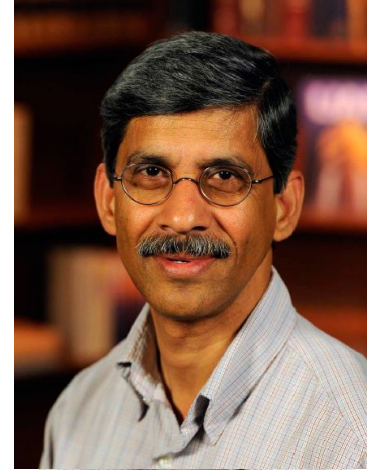
Dr. Coyne-Beasley has been the Principal Investigator on several projects on adolescent sexual health with a focus on HIV and HPV prevention. As a vaccine expert, she was appointed by the U.S. Secretary of Health and Human Services to the Advisory Committee on Immunization Practices (ACIP) and served as a voting member and chair of the Adult Immunization workgroup. She continues to contribute toward the review of scientific evidence related to vaccines including with the COVID-19 vaccine, and serves as a member of several external scientific advisory boards.

A member of the Board of Directors of the National Foundation of Infectious Diseases as well as the AAP Committee on Pediatric Research, Dr. Coyne-Beasley also serves as a governing council member for NCD Child, a Council Member of the American Pediatric Society and a past president of the Society of Adolescent Health and Medicine.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Suresh Boppana, MD, FAAP

Suresh Boppana is a Professor of Pediatrics and Microbiology and Hugh Dillon MD Endowed Professor in Pediatric Infectious Diseases at the University of Alabama at Birmingham. He has been studying the natural history and pathogenesis of maternal and congenital cytomegalovirus (CMV) infection for over 25 years. Dr. Boppana's work challenged the dogma by documenting the importance of non-primary maternal infections in the overall disease burden from congenital CMV infection. His research has also documented the impact of congenital CMV in highly seropositive settings including developing countries.

He is also the co-medical director of the Antimicrobial Stewardship Program at Children's of Alabama since 2016 and is committed to improve patient outcomes by encouraging optimal antimicrobial therapy and reduce the emergence of resistant organisms. He also directed the Pediatric Infectious Disease Fellowship Program at UAB and Children's of Alabama between 2000 and 2010. Dr. Boppana serves on the Board of the National CMV Foundation, an advocacy organization.

In 2021, he also worked to have Children's of Alabama designated as an approved COVID-19 vaccine study site for both Pfizer and Moderna; these trials are ongoing and have recruited more than 150 children so far.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Elizabeth Barnett, MD, FAAP

Dr. Elizabeth D. Barnett is Professor of Pediatrics at Boston University School of Medicine and Attending Physician at Boston Medical Center, where she is Director of the Refugee Health Assessment Program and the Pediatric Travel Clinic. She is a specialist in Pediatric Infectious Diseases with clinical and research interests in general pediatric infectious diseases, vaccines and vaccine safety, travel and tropical medicine, and immigrant and refugee health.

She is an Associate Editor of the *AAP Red Book* (Report of the Committee on Infectious Diseases), a liaison to the ACIP from the International Society for Travel Medicine and a member of the CDC Advisory Committee on Immunization Practices Dengue, Rabies, and Hepatitis Working Groups.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Daniel Preud'homme, MD, FAAP

After graduating from the University of Liege in Belgium, Dr. Preud'Homme completed his graduate medical education at the New York University School of Medicine in pediatrics and post-graduate fellowship training in gastroenterology, hepatology and nutrition at Columbia University. He also underwent a post-doctoral fellowship at the Children's Cardiovascular Health Center at Columbia University.

After many years at Wright State University, where he was active in research publications, teaching and expansion of clinical services in the obesity fields, Dr. Preud'Homme joined the University of South Alabama Department of Pediatrics in 2006 as a Professor of Pediatrics. He is board-certified in clinical nutrition, pediatrics, pediatric gastroenterology and adult clinical lipidology. He is currently Director of the Pediatric Healthy Life Center, specializing in the evaluation and management of children and young adults with severe obesity, and also serves as Director of the Adolescent Medicine Division.

In addition to his primary clinical duties, Dr. Preud'homme teaches allied health graduate students, medical students and residents at the College of Medicine. He also lectures nationwide for the American Academy of Pediatrics in the areas of childhood obesity and prevention of cardiovascular disease.

He has served as a content expert for the Alabama Child Health Improvement Alliance's obesity collaborative, and now for the upcoming #StayWell 2019 adolescent collaborative.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Katrina Weaver, MD

Katrina Weaver, MD, assistant professor of surgery and pediatrics at the University of South Alabama (USA) College of Medicine, has been on faculty since 2017, initially in the Division of Trauma, Critical Care and Burns. She then went onto additional pediatric surgery training, completing her fellowship in January 2020 and returning to the USA Children's and Women's Hospital.

She is currently one of three pediatric surgeons in the region and the only one with advanced training in adolescent bariatric/metabolic surgery. Dr. Weaver earned her medical degree at the University of Utah School of Medicine and completed her internship and general surgery residency at the University of South Alabama College of Medicine. After graduation, she went on to complete a surgical scholar research fellowship and surgical critical care fellowship at Children's Mercy Hospital Kansas City before completing a pediatric surgery fellowship. She is board-certified in general surgery and surgical critical care. She has authored and contributed to many published scholarly journal articles.

Since returning to University of South Alabama in 2020, Dr. Weaver has made significant advances in the areas of pediatric burns and trauma. Additionally, she has created the USA Health Adolescent Bariatric & Metabolic Surgery Center, which is the only one of its kind in Alabama.

Her passion for helping others extends outside the walls of the hospital, resulting in her founding "Operation Every Child." She actively contributes her time to this non-profit organization that collects, reuses, and recycles medical and operating room supplies, which are then shipped to underserved populations around the globe to assist those in need of surgery.

She is married to Jeffery Milne, an operating room nurse and want-to-be animal farmer, and is mother to Bridger and Emmett, seven year-old identical twins who keep her on her toes.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Nola Jean Ernest, MD, FAAP

Dr. Nola Jean Ernest is a graduate of the University of Alabama at Birmingham School of Medicine and completed her residency at Vanderbilt University. She is currently practicing as a primary care pediatrician with Enterprise Pediatric Clinic, one of the five multi-specialty pediatric clinics that comprise the Dothan Pediatric Healthcare Network.

Dr. Ernest serves as the Alabama Chapter-AAP's Vice President/President-Elect, after serving for a number of years as Legislative Chair and Early Career Physician representative (both roles of which she continues). She also has worked at the AAP national level, representing the AAP's District X on the executive board of the Section on Early Career Physicians. She has played a strong role in the Chapter's advocacy for children, especially across social media platforms.

In addition, she served as a physician lead/champion in the Alabama Child Health Improvement Alliance's 2019 #StayWell adolescent collaborative.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● **Katrina Roberson-Trammell, MD, FAAP**

Dr. Katrina Roberson-Trammell is an Assistant Professor of Pediatrics at USA Department of Pediatrics. After graduating with departmental honors with a Bachelor of Arts from Talladega College, she attained her medical degree at the University of South Alabama College of Medicine. She subsequently completed her internship and residency at USA Children's and Women's Hospital, where she has practiced ever since.

In addition to serving on the faculty and practicing primary care pediatrics, Dr. Trammell has a passion for serving the comprehensive health and social needs of her patients, especially those covered by Medicaid. She serves as Medical Director for Gulf Coast Total Care (Medicaid) ACHN, after serving as medical director of both her local Patient Care Network and then probationary Regional Care Organization and Health Home.

As Chapter School Health Champion over the last two years, she has helped to direct the Alabama Chapter-AAP's school health initiative, which brought together nine pediatrician-school nurse pairs in 2021. She is an active member of the Chapter. In addition, she has participated on boards for daycares and early head start programs as well as speaking engagements on health topics.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Shawn Cecil, MD, FAAP

Shawn Cecil was born and raised in Cullman, AL. After attending the University of Alabama School of Medicine and completing his clinical years in Tuscaloosa, he moved to Little Rock, Ark., for his pediatric residency. He stayed in Little Rock for an additional year to serve as chief resident before moving back to Tuscaloosa to join University Medical Center, which is operated by the College of Community Health Sciences at the University of Alabama, where he is a pediatrician/assistant professor.

Dr. Cecil works with medical students and family medicine residents in both the inpatient and outpatient settings of pediatric medicine. He also serves as medical consultant for his clinic's Reach Out and Read program, which was launched at UMC in April 2021. He enjoys teaching learners about taking care of children as well as safety measures for families to take at home.

In 2021, he also joined the Alabama Chapter-AAP's school health project for his area, and in May, was elected as Area 2 Representative on the Chapter Executive Board, a position he will assume on October 1.

He has been married to Emily for seven years and has two young daughters. In his free time, he likes to read, golf, and travel.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Brooke Goar, MD, FAAP

Brooke Goar, MD, FAAP, is a general pediatrician at Haleyville Pediatrics, A Division of Lakeland Community Hospital, in Haleyville, Ala. She is currently the only pediatrician in Haleyville. She graduated from UAB Pediatric Residency Program in 2020. She has always been interested in rural medicine and is grateful to be back in her hometown, caring for an underserved population. Her favorite thing about practicing in a small community is seeing her patients overcome obstacles and succeed outside of clinic.

Dr. Goar has interests in child advocacy and preventive medicine. She has been involved in many community events for children, particularly through the school system. She works closely with school nurses in Haleyville and surrounding communities to provide care for children, and is part of the Chapter's 2021 school health project. She also took part in the Chapter's "Impacting Child Death Review" project this year.

Dr. Goar lives in Haleyville with her husband, Clay, and two sons, Owen and Henry, and loves spending time with her family. Their favorite things to do together are play board games (Sorry! is a big hit right now in their house), spend time outdoors, and eat at the local Mexican restaurant in town.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Ashley Barnhill, RN, BSN

Ashley Barnhill, RN, BSN, is the Interim Health Supervisor of the Baldwin County Board of Education, after having served as team leader in 2020-2021. She has served as a school nurse in the system since 2010.

Prior to her school nurse career, she served as an ER, ICU and vascular access nurse for Infirmity Systems from 2006 to 2010.

She holds a Bachelor of Nursing degree from Western Governors University, as well as an Associate of Nursing degree from Wallace Community College.

2021

ANNUAL MEETING & FALL PEDIATRIC UPDATE

Speaker bio



● Seth Scholer, MD, MPH, FAAP

Dr. Seth Scholer is a professor of pediatrics at Vanderbilt University Medical Center. After completing medical school at Indiana University and a residency in pediatrics at Duke University, he attained a master of public health at Indiana University. Since starting at Vanderbilt University in 1995, Dr. Scholer has been an active clinician, educator, and researcher.

Dr. Scholer's research has focused on educating parents about healthy discipline strategies. Inappropriate discipline, such as harsh corporal punishment, is a risk factor for child abuse and numerous mental and physical health problems. The CDC recommends promoting parenting skills to prevent bullying. To address the question of how to educate more parents about healthy discipline strategies, Dr. Scholer has conducted and published multiple studies of a parenting assessment tool and a brief parenting intervention.